

Post Treatment Care of Hyaluronic Acid Filler Injections

- It is normal for the area treated to feel tender for a few days post treatment
- You may take Tylenol
- Apply an ice pack immediately after to help reduce swelling. You can continue using the ice pack at home 2-3 more times in 15 minute increments.
- Swelling usually dissipates within 48 hours. If your lips were treated, swelling can last up to a week. The treatment site may appear uneven, distorted or firm as a result of swelling. This is normal and will resolve in a few days.
- Let us know if you have a history of cold sores- an antiviral medication may be prescribed to prevent an outbreak
- Makeup can be applied post treatment if no complications are present. Please apply gently to the treated area.
- Gentle washing is allowed a few hours post treatment
- For 24 hours post treatment, avoid touching the area, strenuous exercise, and alcohol
- Please contact our office if you experience any signs of infection, fevers, cold sores, increased pain, or redness.
- A follow up appointment is needed 1-2 weeks post your treatment

Fillers are gradually absorbed and don't always last as long as desired. Fillers last a different amount of time. Restylane and Juvederm, which are hyaluronic acid fillers, last about 6-12 months. Sculptra can last up to a couple of years. The longer lasting fillers are more expensive than the hyaluronic acid fillers. How long fillers last (of all types) is not dependent on the doctor, but on how quickly you absorb it. If it is absorbed early, it isn't bad, just a fact of how quickly your body metabolizes it. In this case it can be disappointing but nothing is wrong. Additional product can be purchased and is usually the answer. It can be safely added at any time and usually gives better results and satisfaction!

Call our office if you have any questions - 704.321.3376