

## NEUROMODULATOR POST INJECTION INSTRUCTIONS

- DO remain upright for 4 hours after injections
- DO <u>NOT</u> massage or manipulate injection sites for 48 hours after injections
- DO <u>NOT</u> take ibuprofen, aspirin or vitamin E for 24 hours after injections
- Initial results are expected within 5-7 days with maximum effect at 2 weeks

## Call the office immediately if you experience any problems

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